

UNION DAY SCHOOL

2025 -2026 MS CROSS COUNTRY



<u>DATE</u>	<u>EVENT</u>	<u>LOCATION</u>
August 30	Cougar XC Invite	Jesse Helms Park
September 11	Conference Meet**	Mountain Island
September 13	Marvin Ridge MS Run Fest	Marvin Ridge
September 18	Conference Meet**	Gray Stone
September 20	Hare & Hound XC Invite	McAlpine Creek
September 25	Conference Meet**	Community Charter
October 2	Conference Meet**	Jackson Day
October 23	Conference Championship	Gray Stone

** Must attend 3 of 4 Conference Meets to run in Conference Championship