

UNION DAY

JANUARY 2024



Striving for Excellence

BY MS. L. VELEZ

Happy New Year!

I hope that everyone is well. As we approach the end of the second quarter in just four weeks, I'd like to emphasize the crucial importance of daily attendance at school and in all classes. Also, remember that Grade Point Averages (GPAs) are built in the classroom, and after this quarter, they will be recalculated. For our 9th grade students, this marks the culmination of their first-ever high school GPA. It's a significant milestone, and students must remain committed to their education to ensure nothing short of excellence. Now is the time to review and adjust routines and study habits, as these factors will undoubtedly dictate their success. I challenge each of you to review and refine the systems in place at home and in school to guide both you and your students as they strive for excellence. Remember, excellence does not happen by chance; it requires dedication and purposeful effort.



Upcoming Events:

Science Fair @ UDS -
Jan. 4, 5:30pm

MAP Assessments -
Jan. 8 - Jan. 23

MLK Jr's Birthday-
No School for Students - Jan. 15

Teacher Workday -
No School for Students - Jan. 26

NACAC - National College Fair
- Charlotte, NC

[REGISTER HERE](#)

Athletics

Coed Tennis Sign-up and tryouts will begin.
Contact Coach Randolph or Coach Olshefski
for more details.

Email: Athletics@uniondayschool.com





What's New with IB?

BY MS. DAVALOS

This month's IB Learner Profile focus trait is **BALANCED**.

In the context of the International Baccalaureate (IB) program, the learner profile trait of "balanced" refers to the importance of fostering a healthy balance in various aspects of students' lives. Being balanced entails recognizing the significance of intellectual, physical, and emotional well-being.

A balanced learner is someone who strives to maintain equilibrium between their academic pursuits and personal activities. It emphasizes the importance of physical exercise, creative expression, and emotional health alongside academic rigor. This trait encourages students to manage their time effectively, prioritize tasks, and understand the significance of a well-rounded education. By promoting a balanced approach, teachers and support staff at Union Day aim to develop students who are not only academically capable but also emotionally and physically resilient, fostering a holistic perspective on learning and life.

At home, discuss these questions with your child:

- How does balance impact our quality of life?
- How does balance impact our societies?
- What are the consequences of a lack of balance?
- What role do humor and flexibility play in seeking balance?
- What changes might I make to achieve greater balance in my life?

Counselor's Corner

WITH MR. SHUFORD



Students will work through career interest, exploration and college searches. Also, they will take preliminary career interest inventories and participate in matching those to skill assessments. Time will be dedicated to create a College Foundation of North Carolina (CFNC) account and begin a very early college search. The CFNC login will give access to a full family of resources to plan, apply, pay, and save for college. Students will begin developing an individualized Career/Education plan in preparation for registration.

[High School Timeline](#)

[Plan Your Future](#)

Clubs/Activities



Student Government Assoc. (SGA) will meet this week and organize its leadership group with responsibilities and give input to our school's administration team on several key topics. Additional questions can be directed to Mr. Shuford



Students who accept the NHS membership and are inducted into the chapter should be aware of the time and commitment involved with this honor. For example, there will be chapter meetings. The chapter bylaws should articulate the yearly meeting schedule and member attendance obligations. Members also must participate in chapter and individual service projects to benefit the school and community. Contact the chapter adviser to obtain a full list of the obligations of membership for the school's chapter. NHS membership details will be shared soon!



Interested in joining JROTC?
Contact Ms. Velez for details.

Junior ROTC

DECA weekly meetings are set for Mondays and Wednesdays, after school with Ms. Stout, room 206. Preparation for the Career Development Conference in March 2024 are underway.

